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Sheet Pan Suppers: 120 Recipes For Simple, Surprising, Hands-Off Meals Straight From The Oven



Synopsis

It's the one-pot meal reinvented, and what is sure to become every busy cook's new favorite way of getting dinner on the table. It's Sheet Pan Suppers—a breakthrough full-color cookbook with more than 120 recipes for complete meals, snacks, brunch, and even dessert, that require nothing more than a sheet pan, your oven, and Molly Gilbert's inspired approach. The virtue of cooking on a sheet pan is two-fold. First there's the convenience of cooking everything together and having just one pan to clean up. Then there's the cooking method—roasting, baking, or broiling—three techniques that intensify flavors; in other words, food tastes better when cooked on a sheet pan (move over, slow cooker). But the real genius here is Molly Gilbert's fresh, sophisticated approach. There are easy dinners for weeknight meals—Chicken Legs with Fennel and Orange; Soy-Mustard Salmon and Broccoli; Roasted Pork Tenderloin with Squash, Apples, and Onions. Special occasion meals—Rack of Lamb with Herby Bread Crumbs and Buttered Carrots; Asparagus and Black Cod in Parchment. Meatless meals—Israeli Couscous-Stuffed Peppers. Plus surprise extras, including in-a-snap party snacks—Baked Brie and Strawberries, Corn and Crab Cakes with Yogurt Aioli; quick brunch dishes like Greens and Eggs and Ham, and Baked Apricot French Toast; and, of course, dessert—Stone Fruit Slab Pie, Halloween Candy S'mores. Maximum ease, minimal cleanup, and mouthwatering recipes. In other words, a revelation that will change the way we cook.

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Customer Reviews

This was a big disappointment. I expected from the title and cover to have a book filled with easy dinner recipes that could be made with ease and limited fuss on a baking sheet. The cover photo is exactly the kind of dinner that I thought the book would be filled with--an easy way to combine protein mains with sides all on one sheet pan. Alas, that is not the case. The first chapter is for appetizers, not suppers, that just happen to be made on a sheet pan. So, think of any appetizer that happens to be made on a baking sheet. For example, bake a wheel of brie--on a baking sheet! Or crispy chickpeas, or spiced nuts, or roasted radishes. That's the first chapter: 18 recipes that I do not need and which are not supper. The poultry chapter does have dinner recipes. But...a good number rely on "cooked shredded chicken." I thought the whole point was to cook the entire meal on the sheet pan? And then other recipes just seem dumb or gimmicky, like cook turkey burgers on a baking rack set on the sheet pan or, hey, instead of roasting a chicken in a roasting pan, roast it on a baking sheet! The meats chapter relies on some pretty expensive cuts--different steaks, rack of lamb (!), leg of lamb, sirloin steak, beef tenderloin, etc. I am not tempted to cook a \$15 steak or \$40 rack of lamb on a sheet pan. Other recipes, like cook meatloaf on a sheet pan (which has been around a long time) rather than in a pan. Fish recipes largely rely on very expensive fish that are not available in most places (e.g., recipes calling for two whole red snappers, black cod, arctic char, thick-cut halibut, swordfish). And then some vegetarian recipes, like pasta, that require you make the pasta separately. Or french bread pizza (come on).

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